

Anne Livie, M.S., LMHC

Emmaus Counseling Center

425.869.2644, ext. 51

PROFESSIONAL DISCLOSURE STATEMENT

Philosophy and Approach

I work with a variety of clients including adults, couples, and children in individual, family, and/or group settings, engaging them with a wide variety of challenges. My approach to therapy is strength-based. I assist each client in understanding the beliefs and patterns that may be inhibiting personal growth and optimal experience of life. I believe in our human capacity to heal, as assist clients in the development of strategies to reduce the negative feelings that accompany self-judgment. I encourage the identification and cultivation of personal values in order to create clarity.

I am a licensed mental health counselor in the state of Washington (LH 60276368.) My degree is in pastoral counseling from Loyola University Maryland. A pastoral counseling degree means that my accredited mental health counseling education has been augmented to include a focus on spiritual themes. I do not advocate a particular belief system, but can assist clients in uncovering deeper meaning in their lives, if they choose. I entered the profession in mid-life, and I believe that this advantage allows me to bring significant life experience along with an intentional presence to my practice. I have provided counseling services for over 6 years. I am a member of the American Counseling Association, the National Board of Certified Counselors, and Family Systems Therapists Northwest.

Education

- **M.S., Pastoral Counseling**, Loyola University, Maryland, 2009.
- **B.A., Literature/Writing**, Loyola College, Maryland, 1975.

Informed Consent

Counseling is understood to be a choice you have made among available options such as other counseling, therapies, support groups, self-help resources, and other modes of treatment. Counseling can have benefits and risks. Counseling sometimes involves discussing painful aspects of your life, and you may experience uncomfortable feelings such as sadness, guilt, anger, loneliness, frustration or helplessness. On the other hand, counseling has shown to have many benefits. It often leads to better relationships, solutions to specific problems, and significant reduction in feelings of emotional distress. Some clients require only a few sessions to achieve their goals, while others benefit from long-term counseling. You have the right to terminate counseling at any time; however, it is understood that premature termination may result in return or worsening of the initial problem and symptoms.

I encourage to talk with me directly if you are dissatisfied with my services, want a second opinion or referral, or if you are intending to discontinue appointments. You may also contact our clinical director, Richard Wemhoff, PhD, if you have any concerns regarding services provided by me or Emmaus Counseling Center staff. If we are not able to resolve your concerns, you have a right to file a complaint with the Department of Health:

Washington State Department of Health
Health Systems Quality Assurance
Complaint Intake
P.O. Box 47857
Olympia, WA 98504-7857

Emmaus Counseling Center
8290 165th Ave. NE, Redmond, WA 98052
425.869.2644, ext. 51
Updated: 2/19/2018

Forms are available at www.doh.wa.gov. If you have other questions about filing a complaint, you may call the Department of Health at (360) 236-4700.

Confidentiality

In general, whatever is said during your sessions is held strictly confidential, meaning I will not discuss you or our work with anyone else except in my own strictly confidential professional consultation, unless you sign a release of information form allowing me to discuss our work with another person (e.g. your physician, school counselor, previous therapist), or unless a judge orders me to release my records to the court and/or testify.

There are some exceptions to confidentiality. State law requires that professional counselors must respond protectively by notifying the appropriate authorities if we are informed of the physical or sexual abuse of a child, a disabled person, or an elderly adult. State law requires me to report knowledge of a client's serious threat or intent to harm self or others, or inability to care for oneself. In instances where I am required to take such action, I also want to carry out this responsibility in a way that promotes the best counseling or therapy for my client's individual needs.

If you have any questions about confidentiality, please discuss them with me.

Fees and Payments

My fee is \$150 per 50-minute initial appointment then following appointments are \$130/session. All or a portion of this fee is often paid for by your health insurance policy. As the client you are responsible for your account and are expected to pay for all services received. If letters/reports need to be provided to an outside source such as a lawyer, the court system, etc., you will be charged for this service at an hourly rate of \$110/hour. If there are unusual circumstances, I am open to discussing your fee with you. We are preferred providers with many insurance companies and adjust your charges according to our agreement with the insurance company.

Professional Consultation

In order to provide the best service possible, I may seek professional consultation on the dynamics and process of your case, if needed. If I discuss your situation in that context, I will not use information that would identify you personally.

Social Media Policy

Professional/ethical standards prohibit me from having contact with clients through social media. If you have any questions, please ask.

Additional Language Required by State Law to Appear on Disclosure Statements

(WAC 308-109-040) Counselors practicing counseling for a fee must be registered or certified with the Department of Licensing for the protection of the public health and safety. Registration of an individual with the department does not include a recognition of any practice standards, nor necessarily implies the effectiveness of any treatment.

The Counselor Credentialing Act's purpose is (A) to provide protection for the public health and safety; and (B) to empower the citizens of the state of Washington by providing a complaint process against those counselors who would commit acts of unprofessional conduct.

(SHB 1828) You may ask to see the records of any mental health care provided to you kept by this office. You may ask to copy these records. You may ask this office to correct those records, if you believe the information within your record is in error, and a copy of your correction will be placed in those records at

your request. This office will not disclose your record to others unless you direct us to do so, or unless the law authorizes/compels us to do so.

Counseling clients are to be informed that they as individuals have the right to choose the counselors who best suit their needs and purposes.

Addendum

All clients receiving mental health services at Emmaus Counseling Center are welcome to contact the clinic director, Richard Wemhoff, Ph.D., with any concerns about their treatment at the Center.

By signing this document, you are attesting that you have received, read, fully understand and consent to the disclosures, terms, and conditions above, that you read and fully understand these rights, and have been given the opportunity to ask questions.

By signing this document, you are attesting to your consent to participation in counseling services provided by Anne Livie, M.S., LMHC.

Client Signature

Date

Print Name

Anne Livie, M.S., LMHC

Date

INSURANCE (if applicable)

I understand that my insurance company, _____, will be given the following information: diagnosis (after being discussed with me), dates of office visits, types of service, and fees.

Client's Signature (or Parent/Guardian if appropriate)

Date