



Emmaus Counseling Center

"We are committed to 'walking with you' and helping you to find peace in your life."

| Therapist | Clients | Specialties |
|--|--|---|
|  <p>Dr. Richard Wemhoff Clinic Director Licensed Clinical Psychologist</p> | <p>Adults (18 years and older) Couples</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Stress existent in marriage in family and/or work-related situations, • Depression especially as experienced by adult men. • Attention Deficit Disorder (ADD) testing and evaluations for Adults. • Pre-marital and couples counseling. |
|  <p>Frances Regdos, MSW, LSW, ACSW Clinical Social Worker</p> | <p>Adults Couples</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Young adult issues • Adjustment disorders • Sexual abuse survivors • Eating disorders • Family, marital and relationship issues • Chronic anxiety • Anger management • PTSD • Stress reduction • Depression • Stress syndrome |
|  <p>Wendy Berg, M.A., LMHC Licensed Mental Health Counselor</p> | <p>Children (ages 3 and older) Adolescents Adults Families</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Sexual and emotional abuse • Eating disorders • Anger management • Sleep problems • Depression • Suicidal ideation/ attempts • Obsessive compulsive disorder (OCD) • Anxiety (panic attacks) • School problems • Divorce, parenting and marital conflicts. • Work related counseling: managing difficult bosses or coworkers, job stress and career change. |

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Cameron Dewar, M.A., LMFT
Licensed Marriage & Family Therapist

Children
(ages 5 and
older)
Adolescents
Adults
Families

Treatment of:

- Trauma
- Anxiety
- Grief and loss
- Adjustment issues
- Relational and behavioral conflict



Katherine Doyle, M.A., LMFT
Licensed Marriage & Family Therapist

Children (all
ages)
Adolescents
Adults
Families

Treatment of:

- Anxiety and Depression
- Trauma
- Abuse
- Oppositional and Defiant behaviors
- Life transitions
- Relaxation training
- Self-mutilation/self harm
- Family conflict
- Grief and loss
- Relationship issues – communication style, insecurity



Emilie Diesen-Himle, M.A., LMHC
Licensed Mental Health Counselor

Children
Adolescents
Adults
Families

Fluent in Italian.

Treatment of:

- Women's issues
- Parenting skills
- Anger
- Stress management
- Relaxation training
- Trauma
- Anxiety disorders



Lori Homes, M.A., LMHC
Licensed Mental Health Counselor

Children
(ages 12 and
older)
Couples
Adults

Treatment of:

- Adolescents (school success, social skills, developmental adjustment motivation, parent and sibling relationships)
- Family conflict resolution
- ADHD coaching, parent education and support
- Adjustment to life transitions
- Pre-marital/pre-commitment counseling
- Marital and relationship issues
- Blending families

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Lisa Hunter, M.A., LMFTA
Individual, Marriage & Couples
Therapist

Children
(ages 6 and
older)
Teens
Adults
Couples
Families

Treatment of:

- Couples and families (communication, conflict, and crisis issues)
- Treatment of children and adolescents (self-esteem, self-worth, school or social anxiety, behavioral concerns)
- Anxiety and stress
- Depression
- Transition to parenthood
- Families with multiples/ chaotic lifestyles
- Parenting skills and strategies
- Adjustment to family life cycle transitions
- Infertility, high-risk pregnancies, premature births
- Trauma/ Abuse/ PTSD



Nancy Linnerooth, LMFT
Licensed Marriage & Family Therapist

Children
(ages 12 and
older)
Adults

Treatment of:

- Stress
- Anxiety
- Trauma (including panic attacks)
- Chronic anxiety
- Job stress
- Obsessive compulsive disorder
- PTSD
- Depression



Kim McBride, M.A., LMFT
Licensed Marriage & Family Therapist

Individuals
(over 18)
Families with
children (under 8
years old).

Treatment of:

- Couple and family relationship issues.
- Suboxone Maintenance Psychotherapy for Medical Assisted Therapy Success and Relapse Prevention.
- Individual workplace performance and satisfaction.
- Positive adjustment and effective coping strategies for individuals and their families newly diagnosed with Multiple Sclerosis.



**Tim McKee, MBA, M.A., LMHC,
CMHS**
Licensed Mental Health Counselor
Child Mental Health Specialist




Children
(ages 8 and
older)
Adolescents
Adults
Couples

Treatment of:

- Children and adolescents
- Chronic anxiety
- Chronic depression
- Mood disorders
- Oppositional behaviors
- Parental-child conflicts
- Marriage/divorce
- Blended families
- Relationship issues
- Anger
- School problems
- Marital conflicts

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| | | |
|--|---|--|
| | | <ul style="list-style-type: none"> • Family and/or work-related situations • Executive stress especially as experienced by adult men |
|  <p>Clayton Marsh, M.A., LMFTA, AT Individual, Marriage & Couples Therapist and Art Psychotherapist</p> | <p>Adults (18 years and older) Couples</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Anxiety • Depression • Panic disorders • Grief & loss • Trauma • Physical, emotional & sexual abuse • Relationship difficulties • Life transitions • Job and occupational stress • Men's issues: sexual addictions and parenting skills • Couples issues through verbal and art therapies. |
|  <p>Shaun Rich, LMFT & CMHS Licensed Marriage & Family Therapist Child Mental Health Specialist</p> | <p>Children (11 years and older) Adolescents Couples Families</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Depression and bipolar disorders • Trauma and PTSD • Recovery from abuse • Stress and anxiety • Couples counseling • Disruptive and oppositional behavior • Family conflict • Relationship concerns, parenting and discipline skills • Anger management • Divorce and remarriage • Blended families • Adjustment difficulties • Substance abuse • Crisis management |
|  <p>Elizabeth Shilling, M.A., LMHC Licensed Mental Health Counselor</p> | <p>Children (all ages) Adolescents Adults Families</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Anxiety and depression • Trauma • Abuse • Relationship difficulties • Life transitions • Phobias, obsessive/compulsive behavior • Relaxation training • Post-partum depression • Self-mutilation/self-harm • Family conflict • Parenting skills |

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| | | |
|---|--|---|
|  | <p>Late adolescents Adults</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Anxiety and depression • Trauma • Abuse • Loss and grief • Relationship difficulties • Life transitions • Anger • Women's issues |
|  | <p>Adults embracing a Christian focus.</p> | <p><i>Treatment of:</i></p> <ul style="list-style-type: none"> • Anxiety • Grief • Depression • Relational issues |
|  | <p>Children (ages 10 and older) Adolescents Couples Families</p> | <p>Ms. Wilcynski brings a unique set of skills to Emmaus as she is fluent in Thai and has an in depth knowledge and experience in Asian cultures. Chris creates a positive environment and quickly bonds with her clients and families from diverse backgrounds.</p> |

Karen Simms, M.A., LMHC
Licensed Mental Health Counselor

Evelyn Wemhoff, M.A., LMHC
Licensed Mental Health Counselor

Chris Wilcynski, M.A., LMFT, CMHS
*Licensed Marriage & Family Therapist
Child Mental Health Specialist*

Fluent in Thai.

Office Locations:

Emmaus Counseling Center

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Bothell

10116 Main Street,
Suite 201 & 202
Bothell, WA 98011

Redmond

8290 165th Ave. NE
Redmond, WA 98052

North Bellevue

(Located in the
Hidden Valley Area)
2200 112th Ave. NE,
Suite 140
Bellevue, WA 98004

South Bellevue

Bellevue Careage
Building Office
(Bellefield Park Area)
1400 112th Ave. SE,
Suite 100
Bellevue, WA 98004